



You're invited to this free virtual event

All about virtual physical therapy: what is it, and should you try it?

April 8, 2026 |

1 PM ET/ 12 PM CT/ 10 AM PT

Presented by a Hinge Health expert physical therapist, this event will discuss the benefits of virtual physical therapy programs, how they differ from traditional in-person physical therapy, and how Hinge Health can help you reduce back, joint, and muscle pain

- What virtual physical therapy includes
- How it's similar and different from traditional in-person physical therapy
- How Hinge Health's virtual physical therapy programs are tailored to your unique needs



Scan the QR code to save your seat or visit:

hinge.health/register-april2026

This is a free virtual event. While all are welcome to join the webinar, please note that you must be enrolled in your employer's medical plan in order to participate in Hinge Health. This presentation will be recorded and a link to view will be emailed to all registered participants one day after the event concludes. Questions? Email: hello@hingehealth.com | Phone: (855) 902-2777.

Una transcripción de este seminario web estará disponible en español 2 semanas después de que concluya el evento. Para activar las transcripciones en español en Vimeo, haga clic en el botón "CC" y seleccione "Spanish/español".